

NATURE'S IMMUNE, CELLULAR & MOOD SUPPORT

Critical in supporting overall immune, nervous system, brain, bone, muscle and joint health.



PERFORMANCE, PEACE OF MIND & RESULTS IN 5 DAYS, GUARANTEED.

We only use Organic® and ToxicFree® ingredients, nothing else is permitted.

Vitamin D3 + K2

INGREDIENTS

Vitamin D3 (as Cholecalciferol) 250 mcg 1250%

Vitamin K2 (as Menaquinone-7) 125 mcg 105%

Other Ingredients: Plant Cellulose, Rice Bran & Vegetable Capsule (Plant Cellulose).

SUPPORTS:

- Immunity against autoimmune disorders
- Immunity against cancers
- Immunity against heart disease
- Immunity against diabetes
- Immunity against muscle weakness & muscle wasting
- Immunity against osteoporosis
- Immunity against gout
- Immunity against rheumatoid arthritis
- Bone development, density & retention
- Muscle strength
- Nervous system function
- Joint health
- Brain development
- Emotional development
- Gross Motor coordination
- Adolescent development

The problem:

Most of us are deficient in Vitamin D3, but does it matter? Yes. D3 is critical to immune, brain, emotional, bone & joint health yet we rarely get enough of this crucial vitamin because very few foods, outside of fatty fish, naturally contain Vitamin D & D3. Sun exposure is the main source of vitamin D production, yet in overcast climates it is almost impossible to obtain the proper amount. Another compounding issue is acidity (pH imbalance), this can cause leaching of calcium from bones. When calcium levels are low (often due to insufficient D3) the body produces PTH (parathyroid hormone). This hormone initiates the removal of calcium from the bones, to be used in more important functions including neutralizing body acidity. Bio-available D3 (in conjunction with our Calcium) is essential to drive calcium into the bones, promote normal bone growth & maintain healthy bone density. Vitamin D is necessary to increase re-absorption of calcium & phosphorous (even adding calcium around damaged joints in people who suffer with gout or rheumatoid arthritis). Scientific evidence supports vitamin D3 plays an important role in controlling various autoimmune disorders and in the prevention of many cancers. Studies show a high prevalence of MS in areas of the world that receive a low amount of sunlight (usually linked to vitamin D3 deficiency). In addition, a Mayo Clinic study of increased autism rates in children, indicated a possible link to Vitamin D3 deficiency.

The solution:

Just one small Essante Organics Vitamin D3 capsule per day, at 10,000 i.u., can ensure strong overall immunity and protection against a wide range of disorders. It can also help with proper function the brain, emotions, bones and joints.

Can you take too much?

Many leading nutrition experts do not subscribe to the RDA levels for vitamins. The RDA (Recommended Daily Allowance) is a minimalist, USA governmental guideline to help prevent deficiencies. Essanté Organics advocates and promotes optimal wellness.

There are differing opinions in regard to the intake of vitamin D, for example:

Dr. Andrew Weil, M.D., Naturopath, Author, and Professor/Director of the Arizona Center for Integrative Medicine at the University of Arizona says, "No adverse effects have been seen with supplemental vitamin D intakes up to 10,000 IU daily."

Dr. Edward Giovannucci, M.D., Sc.D., and Professor of both the Nutrition and Epidemiology Departments at Harvard School of Public Health says, "Recent evidence suggests that doses up to 10,000 IU a day does not cause toxicity".

Dr. Lee Hieb, M.D., Author, Radio/Television Spokeswoman, and former President of The Association of American Physicians & Surgeons says, "400 iu of Vitamin D a day, the UDA government recommended daily allowance, does not raise the levels at all. Studies of equatorial inhabitants demonstrate that some of the longest-lived people on the planet obtain 30,000-40,000 iu of Vitamin D (specifically D3) a day from the sunlight, nature's source of the vitamin. Given that, it is not surprising that supplementing 10,000 IU a day of Vitamin D3 has been shown to have no adverse effects."

We also recommend Sun Shine Self Tanning & Bronzing Lotion:

This Toxic Free and organic* product is designed to help increase Vitamin D uptake naturally, through the skin. When acquired naturally through skin, (instead of through oral supplementation) the body's supply of vitamin D has a built-in cutoff. When enough is made, further exposure to sunlight will destroy any excess. (*See Sun Shine label for organic ingredients).

Warning: Do not overdose. Do not exceed 1 capsule of vitamin D3 per day.