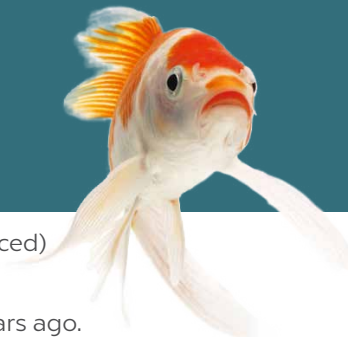


The Problem

Is your body acidic?

Fish and plants without properly pH balanced water will become sickly or die. The same holds true for all organic matter, even you. Be wise - alkalyze.



In the past, it was common for our ancestors to walk for miles and eat 5.5 pounds of alkaline (pH balanced) vegetation every day. This diet created pH balanced homeostasis that sustained immunity and fought off disease. Today, our lives are too busy for that. Today's nutrient-depleted soil is drenched with toxic pesticides too. We must eat 9 organic oranges, to get the nutritional equivalent of 1 orange from 60 years ago.

Everything, from healthy cells to cancer cells, healthy soil to depleted soil, healthy marine life to sickly marine life, is affected by pH (Potential Hydrogen), or the acidic vs. alkaline level. Poor lifestyle choices create an acidic body (acidosis).

Effects of Acidosis

Neurological

- Head pressure
- Tiredness
- Confusion
- Loss of consciousness
- Coma

Muscular

- Aches
- Spasms
- Weakness
- Swelling

Intestinal

- Loose stools
- Hard stools

Respiratory

- Shortness of breath
- Coughing

Heart

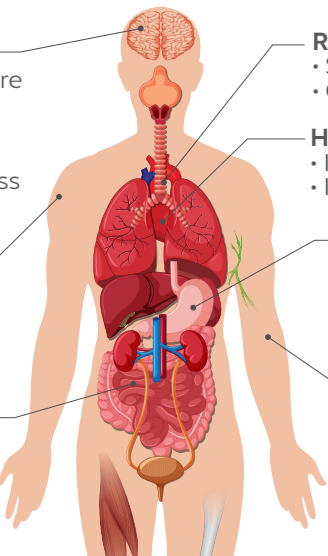
- Irregular heart rate
- Increased heart rate

Gastric

- Nausea
- Vomiting
- Acid burping
- Heartburn

Joint

- Swelling
- Discomfort



Top Acid Forming Foods:

1. Sugar, high fructose corn syrup
2. Shellfish, organ meats, beef, bacon
3. Coffee, sodas, alcohol, energy drinks
4. Processed foods (lunch meat, white bread, etc.)
5. Products with gluten and soy
6. Dairy including whey, cheese, and cow's milk
7. Hydrogenated and partially hydrogenated oils
8. Preservatives (sodium benzoate, etc.)
9. Artificial sweeteners (aspartame, sucralose, etc.)



The Solution

Alkaline products support healthy pH balance. Optimal pH for humans is 7.365.

The Consumer Health Organization states proper pH is vital to living a healthy life. Studies show human disease thrives in an acidic environment, yet cannot grow in an optimal alkaline environment. Use our pH Test Kit, combined with these alkalizing products and foods to restore your body's pH (alkalinity), health and homeostasis.

Top Alkaline Forming Products:

pH Test Strips: measure and monitor your pH.

Supreme pH: approximately 12 drops alkalizes each beverage.

Earth Greens: 5.5 lbs. of organic, alkaline, no-heat dehydrated, chlorophyll rich, whole food vegetable nutrition per serving.

Electromineral Cell Salts +C: Mother Nature's antacid (neutralizes acidity).

Omega 3,6,9 Vital Oils: toxins need to bind to healthy fat to exit the body.

Top Alkaline Forming Foods:

10.0 pH: Spinach, alfalfa grass, raw celery, cucumbers, potato skins, onions

9.0 pH: Lemons, watermelons, sweet potatoes, beets, blackberries, figs

8.5 pH: Cayenne (chili) pepper, cinnamon, clove, parsley, limes, mangoes, papayas, asparagus, kiwis, pears, pineapples

8.0 pH: Alfalfa sprouts, apricots, avocados, grapes, garlic, almonds, tomatoes

