



Typical Analysis of Naturally Occurring Nutrition in Bee Pollen

VITAMINS	ENZYMES AND CO-ENZYMES	OTHER NUTRIENTS
Provitamin A	Diasphorase	Nucleic acids
B-1 Thiamine	Lactic dehydrogenase	Alpha-amino-butyric acid
B-12(cyanocobalamin)	Pectase	Amines
B-2 Riboflavin	Pepsin	Auxins
B-3 Niacin	Phosphatase	Brassins
B-6 Pyridoxine	Saccharase	Croctin
Biotin	Succinic dehydrogenase	Diglycerides
Choline	Trypsin	Flavonoids
Folic acid	AMINO ACIDS	Fructose
Inositol	Alanine	Gibberellins
B-5 Pantothenic acid	Arginine	Glucose
Rutin	Aspartic Acid	Guanine
Vitamin C	Cystine	Hexodecanal
Vitamin D	Glutamic acid	Hypoxalithine
Vitamin E	Histidine	Kinins
Vitamin K	Hydroxyproline	Lecithin
MINERALS	Isoleucine	Lycopene
Boron	Leucine	Monoglycerides
Calcium	Lysine	Nuclein
Chlorine	Methionine	Nucleosides
Copper	Phenylalanine	Pentosans
Iodine	Proline	Phenolic acid
Iron	Serine	Tarpenes
Magnesium	Threonine	Triglycerides
Manganese	Tryptophan	Vernine
Molybdenum	Tyrosine	Xanthine
Phosphorus	Valine	Xanthophylls
Potassium	FATTY ACIDS	Zeaxanthin
Silicon	Oleic	
Sodium	Palmitic	
Sulfur	Linoleic	
Titanium		
Zinc		
ENZYMES AND CO-ENZYMES		
11-Lyases		
21-Transferases		
24-Oxidoreductases		
5-Isomerases		
Amylase		
Catalase		
Cozymase		
Cytochrome systems		
Diastase		