



PERFORMANCE, PEACE OF MIND & RESULTS IN 5 DAYS, GUARANTEED.

We only use Organic® and ToxicFree® ingredients, nothing else is permitted.

Daily Directions: Take 1 delayed-release capsule 2 times a day with 8oz of water.
Cleanse Directions: Start with 3 capsules before bed, increase up to 6 as needed, with 8oz of water for 3 consecutive nights.

Supports:

- Bloating & flatter tummy *
- Ear, nose, & throat health *
- Lung & circulation health *
- Liver & kidney health *
- Stomach & digestive health *
- Intestinal & bladder health *
- Urinary tract & colon health *
- Systemic issues *

*80% of all infections are biofilm related per a PubMed.org study. View study on our website.

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Consult your doctor prior to taking this or any other dietary supplement.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



VEGAN DAILY DETOX - ZERO CRAMPING*

80% of infections are biofilm related.*

Supports the breakdown & digestion of bacteria-laden biofilms.*



60 Vegetable Capsules Dietary Supplement

Supplement Facts

Serving Size: 1 capsule	Amount Per Serving	% DV
Complex oxides of magnesium (from magnesium oxide)	204mg (active)	47%
Potassium (from potassium chloride)	9mg (active)	<1%
Proprietary Enzyme Blend	115mg	**
AstraZyme® (Protease I), Astragalus root extract (Astragalus membranaceus), Ginseng root extract (Panax notoginseng), Protease II, Mineral)		
Protease I	23,000 HUT	**
Protease II	14 SAPU	**
Xylanase	750 XU	**
Hemicellulase	2,000 HCU	**
Beta Glucanase	30 BGU	**
Chitinase	1 CU	**
Citric Acid	25 MG	**

** % Daily Value not established
 Other Ingredients: Rice Extract, Vegetable Capsule (hypromellose, water).

Distributed By: ESSANTÉ ORGANICS®

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pHyto Cleanse Ingredients & Benefits



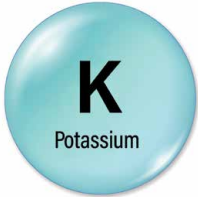
Complex Oxides of Magnesium

- **Our proprietary triple blend is Magnesium Oxide, Magnesium Hydroxide, and Magnesium Peroxide.** Because these three forms do not absorb fully they are not considered a Magnesium supplement (you may still supplement in addition to this product). This Magnesium blend is specifically formulated to remain in the digestive tract, draw water in, and cause a non-cramping laxative effect. Additionally, it releases oxygen to cleanse the gut and all organs while delivering microbiome support.
- **Migraines** - A deficiency in this mineral can lead to migraines, even in children, & it may be as effective as some migraine headache medications according to this study <https://pubmed.ncbi.nlm.nih.gov/30798472/>
- **Stress & Anxiety** - Magnesium has a critical roll in the body's stress response. Studies, including this one, show people who experience frequent stress have lower magnesium levels: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7761127/>
- **Constipation** - Magnesium oxide supports regularity. It draws water into the intestines & this causes a laxative effect that can relieve (& prevent) constipation in children & adults per this study & others: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6786451/>
- **Blood Pressure** - Magnesium oxide may help reduce elevated blood pressure

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levels by decreasing cellular calcium levels & widening blood vessels, according to this study & others: <https://pubmed.ncbi.nlm.nih.gov/29738504/>

- **Blood Sugar** - Magnesium oxide may lower blood sugar levels (in people with type 1 diabetes, type 2 diabetes, and gestational diabetes, which is diabetes that can occur during pregnancy) according to several studies including this one: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7257447/>



Potassium Chloride

- **Potassium** is the major cation (positively charged particle) inside living cells. It is found in the body's muscle and tissue cells and in many foods. Potassium Chloride is a naturally occurring salt formed from the evaporation of ancient lakes, ancient seabeds, and organic fruits including apricots.
- **It supports** nerve function, muscle movement, heartbeat regulation, and more. It maintains the health of your kidneys, heart, muscles, and nervous system. It supports electrolyte and pH balance (the acidity of the blood and other fluids in the body).
- **We need potassium** to keep the electrochemical balance across cell membranes; this is vital to transmit nerve signals. This leads to skeletal muscle contraction, hormone release, and smooth muscle and heart contractions.
- **It delivers** health benefits without increasing one's daily sodium intake. Studies also note that increasing potassium consumption can support healthy blood pressure.



Protease I & II

- **Protease enzymes** are not only found in plants they are also produced in our stomach, pancreas, and small intestine, but protease enzymes decrease in our body as we age.
- **pHyto Cleanse** contains a full spectrum of the best essential protease digestive plant enzymes, at the highest protease activity.
- **Protease enzymes** break down and digest the proteins we eat, the cell walls of unwanted harmful organisms in our body, and the waste and toxins in our body including discarded debris from our cells.
- **Protease enzymes** support the stomach lining and health, intestinal health, digestion, elimination, blood health, heart health, swelling, joints, wounds, and burns.



Xylanase

- **Xylanase** is an enzyme produced by fungi, bacteria, yeast, marine algae, seeds, grasses, and flowering plants. Ours is sourced from the cell walls of organic plants.
- **Mammals**, including humans, are not capable of producing this enzyme, thus the digestion of plant fiber is made more difficult.
- **Xylanase** breaks down and digests most plant fibers. Xylanase promotes the proper digestion of fiber-rich foods while boosting the body's natural enzyme activity to curtail digestive discomfort.
- **Xylanase** is essential for maintaining a happy, healthy digestive tract. Many studies show Xylanase improves gut health by reducing mucosal morphology, cecal pathogen load in the large intestine, necrotic lesions, oxidative stress and inflammation, and mucin secretion while providing a prebiotic effect.



Hemicellulase

- **Boosts prebiotic activity** - Hemicellulase is an important component of plant cell walls. pHyto Cleanse contains the best source of vegan Hemicellulose from organic fermented plants.
- **Counteracts age related enzyme loss** - Loading up on digestive enzymes such as Hemicellulase can counteract the age-related net loss of enzymes. Researchers confirmed women aged 65 years and above have the sharpest declines in digestive enzymes. Hemicellulase enzymes can offset the net loss of the enzymes that occurs with age, whether due to loss of enzyme production from the pancreas or changes in beneficial flora in the gut.
- **Digests carbohydrates** - Hemicellulase enzymes facilitate the digestion of carbohydrates because they break down the hemicellulose in the plant fibers we eat. This enzyme is important to add to your diet because humans do not produce it.
- **May reduce candida** - Research shows an increase in this enzyme can help prevent and reduce yeast infestations such as Candida. This is perhaps because the cell wall of Candida is composed of hemicellulose. As hemicellulase digests hemicellulose, it may have a profound ability to target Candida, breaking down its cell walls and the slimy antimicrobial-resistant layer called biofilm. This supports a healthy immune system by reducing the likelihood of prolonged inflammation caused by the body's reaction to yeast overgrowth.
- **May improve nutrient absorption & overall health** - Studies suggest that supplementing with hemicellulase helps increase nutrient digestibility and boosts the body's food conversion ratio.



Beta Glucanase

- **Gluten-free** - Beta-glucans are found in oats, fungi, algae, and barley. Ours is sourced from organic, vegan, gluten-free oats. The U. S. Food and Drug Administration considers oats a gluten-free grain under its gluten-free labeling regulations.
- **Fiber-rich** - Like other fiber supplements, Beta-glucans can boost your fiber intake.
- **Weight loss, metabolic syndrome, digestion, and regularity support** - Studies show Beta-glucans support digestive health, regularity, and weight management. This Beta-Glucan study shows their health benefits in obesity and metabolic syndrome: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3236515/> Additionally, a larger meta-analysis assessed 59 clinical trials. The results showed an overall reduction in total cholesterol, LDL cholesterol, blood glucose, body weight, body mass index, and waist circumference: <https://doi.org/10.1007/s00394-021-02763-1>
- **Blood sugar and cholesterol support** - Beta-glucan can slow food transit in the intestines. As a result, carbohydrates are absorbed more slowly, resulting in more steady blood sugar. According to studies, Beta-glucans may enhance heart health because studies show it can reduce and remove LDL (bad) cholesterol. <https://pubmed.ncbi.nlm.nih.gov/27273067/>
- **Immune, respiratory, and stress support** - Beta-glucan is sometimes recommended for immune support. Researchers have studied its role in helping the body fend off upper respiratory infections like colds and flu. Some studies note the role of Beta-glucan in increasing defenses against the harmful effects of stress. <https://doi.org/10.1007/s00394-021-02566-4>



Chitinase

- **Rich in amino acids** – Chitinases are present in plants, stems, seeds, and flowers. Avocado, papaya, and other foods are rich in Chitinases. Chitinase is naturally produced by microbes, fungi, and plants. Ours is sourced from organic flowering plants.
- **Helps to contain pathogens** – Humans express two chitinases (CHIT1 and AMCase). Chitinases play a protective role against pathogens that contain chitin because they are capable of breaking down and digesting the chitin present in the cell wall of pathogens.
- **Gut and immune support** – Chitinase enzymes are shown to be beneficial to the gut and immune system. Increasing your intake of chitinase through our pHyto Cleanse supplement (or cricket protein powder, we know, kind of gross) may help spur the growth of healthy gut bacteria. This in turn improves the immune system, which lives primarily in the gut.
- **Infection, fibrosis, allergy, and asthma support** – Chitinases also are important in modulating the immune response. Increased chitinase supports the body's T-helper type 2 cells (Th2) and in turn may support the body in fighting off infections, fibrosis, allergies, and asthma.
- **Fungal growth support** – 3 recent studies show plant Chitinase inhibits fungal growth: [Study 1](#), [Study 2](#), [Study 3](#)



Citric Acid

- **Burns calories and reduces belly fat** – Citric Acid can boost metabolism, helping you burn more calories and store less fat. Regular physical activity and portion control are important to losing excess pounds and weight control.
- **Cleanses the body including the liver and kidneys** – Citric Acid is widely known for being a natural detoxifier of the liver, kidneys, and bodily processes and systems. Studies show it can prevent several harmful diseases related to the liver and kidneys because it has a protective effect on the liver against endotoxin-induced oxidative stress. In other words, Citric Acid may prevent liver injury under toxic and inflammatory conditions. Citric Acid enhances the absorption of magnesium in the blood too.
- **Supports detoxification and swelling** – Citric Acid is naturally present in citrus fruits including oranges, lemons, limes, and tomatoes. Ours is sourced from organic lemons and limes. Citric Acid is an antioxidant and antimicrobial that delivers corrective anti-aging effects. According to doctors, Citric Acid can help with detoxification and lowering inflammation.
- **Protects against kidney stones** – Studies show Citric Acid can lower the amount of acid in your urine and in turn help prevent kidney stones. Doctors also prescribe Citric Acid for metabolic acidosis (a buildup of acid inside your body).
- **Improves mineral absorption** – Citric Acid enhances the bioavailability of minerals, allowing your body to better absorb them.